

### Benefit News

#### Using your dental and vision benefits during Spring Break?

Don't Forget:

- Dental benefits are through Humana Advantage Dental or Met Life Dental.
- Vision benefits are through Eye Med Vision.

Visit our [Dental](#) and [Vision](#) web pages for more information including plan details and available providers.

#### Employee Assistance Program – Etiquette Tips for Virtual Meetings

Due to the pandemic, virtual meetings are now the rule and not the exception. The increased use of platforms such as Zoom and Microsoft Teams have put a new focus on the importance of virtual meeting etiquette. View these [35 tips](#) to help you appear professional at all times.

And remember, the EAP is available 24/7 at **800-848-9392** to assist you with life coping skills.

### Wellness News

#### Join Limeade Today!

The new wellness program, Limeade, is now available to all employees with medical insurance through PCS and their dependent spouses. [Learn how to register today!](#)

Employees will have opportunities to earn the annual Wellness Incentive, as well as additional incentives. Employees can visit [pcsb.org/wellness](https://pcsb.org/wellness) for details of the new program!

#### Race to Level 1!

All schools and large worksites will compete against each other to get 50% of their eligible staff to Level 1 by March 31, 2021. To get to Level 1, eligible employees must register and complete their Well-Being Assessment to earn 1,000 points and reach Level 1. By doing so, employees will also earn an instant \$20 gift card through Limeade.

#### March is Colon Cancer Awareness Month

Did your hair ever look like [this](#)? Then it's time for a colonoscopy. Talk with your doctor about which screening test is right for you.

Review this [fact sheet](#) and complete the [Colon Cancer Awareness Word Search](#) by March 24<sup>th</sup> to be entered into a random gift card drawing.

# Employee Discounts

## [Pinellas County Schools Main Discount Page](#)

- [PerkSpot](#): travel discounts, tickets & entertainment, local offers and so much more. Company code: PCSB  
New! [PerkSpot Browser Extension](#) – Never miss a deal!
- [Tickets at Work](#): exclusive discounts, special offers and access to preferred seating and tickets to top attractions, theme parks, shows, sporting events, movie tickets, hotels and much more.  
Company code: PCS
- [LA Fitness/Esporta](#) – 30-day free guest pass.
- [Amalie Arena and Yuengling Center upcoming events](#)  
Please note, Amalie Arena is not allowing fans at this time due to Covid-19. Tickets will remain on sale for future events and customers will be contacted for any changes to their events.